



<http://www.firstaidtrainingjunction.ca>

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CPR/AED Program

Overview

Canadian Red Cross CPR/AED courses offer lifesaving first aid skills. All courses cover cardiopulmonary resuscitation (CPR) for adults, children, and babies. Courses meet legislation requirements for provincial/territorial workers' safety and insurance boards. Courses offer skills for individuals needing training for the workplace or for those interested in having first aid skills so they can respond to emergencies at home.

Description:

Courses on cardiopulmonary resuscitation (CPR) and automated external defibrillation provide the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies depending on the level of CPR chosen. All include using an automated external defibrillator (AED). Courses are suitable for those looking for training for the workplace or for their own general interest.

Course Length:

CPR-A 4 hours of teaching time
CPR-C 5 hours of teaching time
CPR-HCP 6 hours of teaching time

Completion Criteria:

- Ability to comprehend and successfully demonstrate the skills and pass a knowledge evaluation with a minimum mark of 75%
- Must meet additional legislative requirements, if applicable
- Participants must attend and participate in 100% of the course
- Instructors can facilitate the knowledge evaluation as legislation dictates and/or as participants Require

Pre-course Requirements:

None

Course Content:

Level A

- The Red Cross
- The First Aider's Role
- Check, Call, Care
- H.A.IN.E.S. Recovery Position
- Choking—Adult
- Assisting with Medications
- Angina and Heart Attack
- Stroke
- CPR—Adult
- Deadly Bleeding

Level C

- Level A content
- Choking—child and baby

HCP

- Level C content
- Jaw thrust
- Pulse check
- Rescue breathing—adult, child, and baby
- BVM—adult, child, and baby
- Two rescuer CPR—adult, child, baby

Certification:

- Certification card and optional wall certificate
- 3 years

Recertification:

For recertification, the standards remain the same with the following variations:

- Proof of current CPR-C or CPR-HCP certification (or as legislation dictates) required
- Only CPR-C and CPR-HCP may be recertified
- Participants are not required to purchase an additional CPR/AED Manual
- Required teaching time as follows:
CPR-C 4 hours of teaching time
CPR-HCP 4 hours of teaching time