



<http://www.firstaidtrainingjunction.ca>

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## First Aid Instructor

### Overview

Canadian Red Cross Instructor Development courses train those interested in teaching various levels of Red Cross First Aid & CPR courses. Each course offers an interactive learning experience where candidates are given the opportunity to practise presentation and training techniques in a small-group setting. Candidates work with Canadian Red Cross instructional resources, and may have pre- and postcourse requirements in order to become certified as a Canadian Red Cross Instructor. Instructor certifications are three years in length.

### Course Length:

32 hours of teaching time

### Completion Criteria:

- Ability to comprehend and successfully demonstrate the skills in the First Aid, CPR, and AED skills checklist
- Successfully complete the Practice Teaching required in the course
- Adhere to the Code of Conduct, Legal Responsibilities, and Healthy Teaching Practices
- Pass a knowledge evaluation with a minimum mark of 80%
- Candidates must attend and participate in 100% of the course

### Pre-course Requirements:

- Proof of current Red Cross Standard First Aid with CPR-HCP certification with a recognized national agency
- 18 years of age or older
- Signed and complete skills checklist form prior to course with a CRC Instructor or CRC IT
- If candidates are coming from remote locations, they can videotape their skills and submit the tape, along with a copy of photo ID, before the course and the CRCIT can review the skills on the tape

## **Recommended:**

- Observe a Red Cross First Aid and CPR course before taking the Instructor course
- Candidate materials distributed two weeks in advance of the course to enable a review of the most difficult skills

## **Course Content:**

### **Part 1 – Information for the First Aid Instructor**

- The Red Cross
- How People Learn
- Instructional Techniques
- Organizing the Courses

### **Part 2 – Specific Course Content**

- First Aid, CPR, AED, Child Care, Marine Basic, and knowledge evaluation

*Additional content may be included based on the requirements of the jurisdiction.*

## **Certification:**

- Certification card and optional wall certificate
- 3 years

## **Other Notes:**

Participants need to be familiar with local protocols. If an individual is transferring between provinces/territories, he or she needs to contact the Red Cross. Whenever possible, the course should use local equipment so participants become familiar with equipment from their area.

## **Post-course Requirements:**

### **Co-Teach Requirements**

- Meets the requirement of the Co-Teach form as outline by the Instructor Trainer

### **Co-Teach Extensions**

No extension will be granted after one year