



<http://www.firstaidtrainingjunction.ca>

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First Responder

Overview

Canadian Red Cross Pre-hospital Care courses offer training to first responders and those providing care in a pre-hospital setting. Advanced life-support skills are offered in courses that meet the needs of emergency medical services (EMS) personnel.

Description:

Advanced first aid and CPR skills for professional first responders or those wanting to become first responders. Course teaches techniques for sustaining life, preventing further injuries, and caring for illnesses and injuries until the next level of medical personnel arrives. Includes CPR level HCP and AED.

Course Length:

40-44 hours of teaching time

Completion Criteria:

- Ability to comprehend and successfully demonstrate the skills and pass a knowledge evaluation with a minimum mark of 80%
- Must meet additional legislative requirements, if applicable
- Participants must attend and participate in 100% of the course
- Instructors can facilitate the knowledge evaluation as legislation dictates and/or as participants Require

Pre-course Requirements:

Participant must be certified in CPR level C

Course Content:

Part 1 – Preparing to Respond

- Chapter 1 – The Responder
- Chapter 2 – The Emergency Scene
- Chapter 3 – Preventing Disease Transmission

Part 2 – Establishing Priorities of Care

- Chapter 4 – Human Body Systems
- Chapter 5 – Assessment
- Chapter 6 – Respiratory Emergencies
- Chapter 7 – Airway and Ventilation
- Chapter 8 – Circulatory Emergencies
- Chapter 9 – Bleeding
- Chapter 10 – Shock

Part 3 – Injuries

- Chapter 11 – Soft Tissue Injuries
- Chapter 12 – Musculoskeletal Injuries
- Chapter 13 – Head and Spine Injuries
- Chapter 14 – Chest, Abdominal, and Pelvic Injuries

Part 4 – Medical Emergencies

- Chapter 15 – Sudden Illnesses
- Chapter 16 – Poisoning
- Chapter 17 – Heat- and Cold-Related Emergencies

Part 5 – Special Populations and Situations

- Chapter 18 – Special Populations
- Chapter 19 – Childbirth
- Chapter 20 – Crisis Intervention
- Chapter 21 – Reaching and Moving People
- Chapter 22 – Multiple Casualty Incidents
- Chapter 23 – Communication and Transportation

Includes CPR-HCP

Additional content may be included based on the requirements of the jurisdiction.

Certification:

- Certification card and optional wall certificate
- 3 years

Other Notes:

- Participants need to be familiar with local protocols. If an individual is transferring between provinces/territories, he or she needs to contact the Red Cross.

- Whenever possible, the course should use local equipment so participants become familiar with equipment from their area.

Recertification:

For recertification, the standards remain the same with the following variations:

- Only 20 hours of teaching required
- Proof of current First Responder certification (or as legislation dictates) required
- Participants are not required to purchase an additional Emergency Care Manual or Emergency Care Workbook

The First Responder recertification can be challenged.